

January 2021

The Wisconsin Lutheran College Student Health Center is excited to meet and serve you beginning this semester. Please review this letter carefully, consult with your parent(s)/guardian(s) as appropriate, and contact me with any questions.

As a new WLC student, you are required to provide your **health history**, **immunization record**, and **personal health insurance information**. If you plan to be a **student-athlete**, or if you have a **chronic medical condition**, you must also provide the results of a recent **physical exam**. We thank you for your prompt attention in completing these tasks.

FOR STUDENT-ATHLETES PLANNING TO COMPETE IN WARRIORS ATHLETICS: If you will be or plan to be a student-athlete at WLC, you **ONLY** need to access the HIPAA-compliant online **Athletic Trainer System (ATS) Portal** to submit your health history and other required information by the start of classes. The Student Health Center will import your information from the ATS Portal for their files.

To access instructions for using the HIPAA-compliant ATS Portal, visit wlc.edu/healthforms.

FOR ALL OTHER STUDENTS: The three online, HIPAA-compliant forms listed below must be completed by the start of classes. The information you submit will be kept on file in the Student Health Center. Failure to supply the required information can result in restrictions from campus activities or residency.

To fill out the three HIPAA-compliant forms listed below, visit wlc.edu/healthforms.

1. HEALTH HISTORY FORM: This information will be accessed from your confidential file if you seek services at the Student Health Center and in emergencies. The health history you submit informs our medical staff so they can develop a baseline of care for you. If you indicate that you have a chronic condition, you must have a physical exam conducted by an M.D. or D.O. within 12 months prior to your arrival on campus.

2. IMMUNIZATION RECORD: Required immunizations include Measles, Mumps, and Rubella; Diphtheria, Tetanus, and Pertussis in some form, with a Tetanus no more than 10 years old; and Varicella vaccination or date of Chicken Pox disease. A negative TB skin test is required if you have lived abroad prior to arriving on campus. You will have the option of uploading your immunization record or filling out our online form. If you wish to waive any requirements for vaccines, you must visit the Student Health Center when you arrive on campus.

3. PERSONAL HEALTH INSURANCE FORM: To best serve our students, the Student Health Center requests contact information for your health insurance company, including an uploaded photo or scan of the **front and back** of your insurance card.

Wisconsin Lutheran College is committed to promoting health and wellness to support our students' academic success. While classes are in session during fall and spring semesters, the Student Health Center offers services by a licensed practical nurse or medical doctor, and professional counseling is available by appointment. Please visit wlc.edu/health for more specific information on available services.

While the Student Health Center is a great resource and can handle many health concerns, having access to more care is essential. Emergencies arise, and health concerns can escalate requiring more urgent care or diagnostics. We encourage you to be knowledgeable about your personal health insurance policy by knowing your benefits and being aware of in-network providers near WLC. It is also helpful to understand your deductible levels and preauthorization requirements.

Thank you for your attention to these important matters.

Sincerely,

Jackie Kacmarynski
Director of Health Services
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