



May 2026

Welcome to Wisconsin Lutheran College!

Wisconsin Lutheran College and the Office of Health and Counseling Services are excited to welcome you and look forward to supporting your health and wellbeing. Please carefully review this letter and the enclosed information. We encourage you to consult with your parent or guardian, as appropriate.

WLC is committed to supporting student development and academic success. As part of this commitment, counseling services, health and wellness programming, and most routine healthcare services are provided to students at little or no cost. We invite you to visit wlc.edu/health for additional information about the many resources available through Health and Counseling Services.

For your health, safety, and overall wellbeing, WLC requires all incoming and transfer undergraduate students to submit specific health information to Health and Counseling Services. Please refer to the following page for details regarding required health forms and supporting documentation. All materials must be completed and submitted through **Medicat** by **July 15, 2026**. You will access your Medicat Student Portal using your QuickLaunch SSO login credentials.

As you begin packing for college, we recommend including a personal first aid kit. Suggested items include:

- Antiseptic wipes
- Bandages
- Creams or ointments for cuts, scrapes, or minor burns
- Hand sanitizer
- Over-the-counter medications for cold/cough symptoms, pain or fever relief, seasonal allergies, and stomach discomfort
- Reusable hot/cold packs
- A thermometer

We also encourage you to prepare for unexpected healthcare needs. Students should have a copy of their insurance card and be familiar with what services are covered locally, including care available through the Froedtert/Medical College of Wisconsin and Aurora healthcare groups.

Thank you for your prompt attention to these important health requirements and deadlines. If you have any questions or concerns, please contact healthservices@wlc.edu, counselingservices@wlc.edu, or reach out to me directly. Enjoy the rest of your summer, and we look forward to meeting you in August!

Sincerely,

Jackie Kacmarynski, LPC
Dean of Student Services