



May 2025

Dear WLC Warrior,

Wisconsin Lutheran College's Office of Health and Counseling Services is excited to meet and serve you. Carefully review this letter and the included information and consult with your parent(s)/guardian(s) as appropriate. Please call Health and Counseling Services at 414.443.8630 or email [healthservices@wlc.edu](mailto:healthservices@wlc.edu) with any questions or concerns.

For your health, safety, and well-being, WLC requires all incoming undergraduate students to provide specific information to the Office of Health and Counseling Services. Refer to the following page for more information about the required health forms and supporting documentation. All information must be completed and appropriate documentation submitted through Mediat ([wlc.mediatconnect.com](http://wlc.mediatconnect.com)) by July 15, 2025. You will access Mediat using your QuickLaunch SSO log-in information.

Wisconsin Lutheran College is committed to promoting health and wellness education and providing services to support student development and success. Therefore, counseling services, campus health and wellness events, and many routine care services are provided at little or no cost to students. Please visit [wlc.edu/health](http://wlc.edu/health) for more information about all of the resources available through Health and Counseling Services.

As you start to pack for college, we encourage you to include a personal first-aid kit. Suggested items include:

- Antiseptic wipes
- Bandages
- Cream/ointment for cuts, scrapes, and burns
- Hand sanitizer
- OTC medications for colds/coughs (including cough drops), pain/fever relief, seasonal allergies, and stomach relief
- Reusable hot/cold packs
- Thermometer

Thank you for your prompt attention to these important health documents and deadlines. If you have any questions or concerns, please do not hesitate to contact me. Enjoy the rest of your summer. We can't wait to meet you in August!

Sincerely,

Jackie Kacmarynski, LPC  
Dean of Student Services  
414.443.8630  
[healthservices@wlc.edu](mailto:healthservices@wlc.edu)